



## 2018 North Zone Athletics

Date: Tuesday 6 November 2018  
Postponement: Thursday 8 November 2018  
Venue: Caledonian Ground, Dunedin

### General Information

#### Entry Information

1. Competitor ages are as of 1 October 2018.
2. Competitors may be entered in up to 3 individual events (sprints, hurdles, 800m's and field events).
3. Competitors may also be entered in 1 relay event.
4. All Entries to be made via Sportsdraw by school staff members only.
5. Entries close 10pm Wednesday 31 October 2018.

#### Entry Fees

6. \$2.50 per competitor entry fee.
7. Schools will be invoiced as per Sportsdraw entries as of 10pm Wednesday 31 October 2018.
8. Withdrawals after this time will still be invoiced but Schools can notify OPSSA and substitute a competitor.
9. Accepted entries after 10pm Wednesday 31 October 2018 will be invoiced separately.

#### Relay Entries

10. Enter relay teams via Sportsdraw, then complete relay runner name form.
11. Relay runner names can be altered but must run as per the finalised names list in the Control Room.

#### Race Information

12. Competitors are to wear correct school sports uniforms in events. Jeans and coats are not suitable.
13. Spike shoes and starting blocks are not permitted in any event.
14. Competitors can participate in bare feet or socks as well as road shoes in the 800m races.
15. In all jumping events, 3 baulks will be recorded as 1 competition jump.
16. Multi-board's will be used in all long jump events.
17. Starting for the Sprint and Hurdle Events will be a 3-stage operation.
  - On your marks *foot forward to the line, body upright*
  - Set *lean forward, opposite arm to lead leg forward*
  - Go
18. Starting for the 800m Events will be a 2-stage operation.
  - On your marks *feet placed in the position from which they will push off*
  - Go
19. 800m races will have a split lane start to accommodate the large fields. (Lanes 1-4 and 5-8)

#### Event Information

20. Schools are to highlight OPSSA Code of Conduct behaviour expectations with competitors.
21. If necessary, any postponement notice will be posted on the OPSSA website and broadcast over the radio from 6am.
22. Schools are to provide a teacher or manager who will be responsible for active supervision of their students throughout the day. They need to have the authority to remove a student from the ground if requested by OPSSA.
23. Only the manager for your school's team can enter the Control Room and/or challenge a result at an OPSSA meet.
24. Competitors must remain inside the Caledonian Grounds fence line throughout the day unless competing at the Discus #3 circle.
25. Ensure all competitors are drinking water throughout the day. First Aid staff have previously advised they have treated competitors with dehydration symptoms.
26. Schools are responsible for the rubbish in their area and your assistance with this is essential. Rubbish bags will be issued to schools at the beginning of the day.
27. Event Officials will have Event Protocols including information on how an event will be run.
28. Please note there will be no canteen in operation at the Caledonian Grounds.
29. For further information schools should email [northzone@opssa.org.nz](mailto:northzone@opssa.org.nz)